

Santo Tirso & Trofa

February 2024



FEBRUARY

| | | | |
|------------------|---------------------|-----------|----|
| 4 th | Inês | B1 | ST |
| 4 th | Luisa | CAE | T |
| 6 th | Regina | A ch | T |
| 6 th | Eva | A ch | ST |
| 7 th | Isabel | B1+ teens | T |
| 9 th | Leonor | A ch | T |
| 9 th | Tiago | B1+ | ST |
| 10 th | Hugo | B1 ads | ST |
| 11 th | Tiago | Aa | ST |
| 11 th | Afonso | CAE | ST |
| 12 th | Francisca | CAE | ST |
| 14 th | Raquel | A ch | ST |
| 15 th | M ^a José | A1 | T |
| 15 th | Lara | B2 | T |
| 16 th | Ana | A1 | ST |
| 18 th | Álvaro | B1 | T |
| 18 th | João | B1 | T |
| 20 th | Francisco | B ch | ST |
| 21 st | Pedro | B1 | T |
| 21 st | Francisca | B1+ | ST |
| 24 th | Vasco | A2+ | ST |
| 24 th | Tomás | B1+ | ST |
| 24 th | Carolina | FCE | ST |
| 25 th | Guilherme | Aa | ST |
| 26 th | Miguel | B ch | ST |
| 27 th | Tomas | B1 | T |
| 28 th | Helena | B ch | ST |
| 28 th | João | FCE | ST |
| 28 th | Luís | B1 | T |



Ike and Mike have
got a friend.

His name is Rick.

He has got
short straight
red hair.

His eyes are
small and dark,
but he has a big
smile!

His nose and ears
are very big.

He has got long arms and legs, but he isn't
tall.

His body is green and he always wears brown
clothes.

Rick is funny, nice and friendly!!





Hi Tânia

Porto? Great! We've got lots of good food here.

In the morning, we have a small breakfast at 7 am. We usually have coffee or milk and bread and an egg. I sometimes have fruit.

At 12 or 1 o'clock, we have lunch. We often have a big lunch. We have meat or fish. We usually have rice or potatoes and bread and salad. After lunch, I always have a sandwich with egg and coffee.

We usually have dinner at 8 or 9 o'clock. We don't have a big dinner. I often have chicken, rice and salad.

See you soon!

Carlos Silva, A1 Adults

A Strange cake

Rebecca knew it was difficult but she wanted to try. Rebecca is a teenage girl and she started taking cooking classes. In the first class, the teacher told her to make a cake.

It was Rebecca's first time cooking, but she was very happy to learn how to cook to be able to cook for friends and family.

Rebecca was so happy that she didn't realise she added too much yeast and after thirty minutes in the oven, the cake started to rise a lot and made the whole oven dirty.

When she took the cake out of the oven, the cake had a strange shape and the middle wasn't cooked and the other students in her cooking class started laughing. She was so embarrassed that she didn't go to class for a month!

Rafaela Carneiro, B1

Is living under pressure a nightmare for teenagers?

Are you one of those teenagers who constantly feel like you're living under pressure? Many people feel that way. That's because they feel they have to have good grades to be successful and not disappoint their parents. If this sounds familiar, here are a few suggestions to try and relieve that pressure.

First of all, talk to your parents. If you feel pressured, a conversation with them can help them to understand your point of view and even change some of their attitudes.

Secondly, learn how to manage your free time. Take up an activity or a sport as it will help you unwind and at the same time will make you learn new skills and things, not only physically but also mentally.

Finally, spend less time online. Social networks take up too much of your day, which can end up stressing you out because you haven't managed to do everything you wanted.

The most important thing is to feel good about yourself and be mentally well. Do everything you can to achieve a healthy mental state!

Raquel Alves, B

Unscramble the animal words.

- | | | |
|---------------------|--------------------|------------------|
| 1. gfro - _____ | 2. pootucs - _____ | 3. shore - _____ |
| 4. thanpeel - _____ | 5. kenas - _____ | 6. galee - _____ |
| 7. flow - _____ | 8. nalis - _____ | 9. ahkrs - _____ |



In Bruges

I have a deep appreciation for people who introduce me to new films and tv shows that may have flown under my radar. However, I usually take a step back when I am recommended comedies. This is due to my type of humour being very specific, so I'm very picky when watching comedy films. So, when I was recommended the film "In Bruges", I reluctantly watched it with some reservations.

By the end of it, I realised that I had been laughing for an hour straight. "In Bruges" tells the story of two Irish hitmen, Ray and Ken, who are played by Colin Farrell and Brendan Gleeson respectfully. Both are sent to Bruges, in Belgium, by their boss Harry (played by Ralph Fiennes) after a hit goes wrong in London. While there, they are instructed to lay low and await further instructions. However, their time there leads to the two hitmen being confronted with more than just a holiday.

What stood out the most for me was the screenplay and the acting. I wasn't familiar with the work of Martin McDonagh, the writer and director of this film, but the way he creates such picturesque situations that, allied with his charismatic characters, are used to convey his views on topics like suicide and friendship, all surrounded with an acid and dark humour, made me put his other movies on the top of my watchlist. The acting in this film is also superb. I didn't consider Colin Farrell and Ralph Fiennes comedy actors, but both the chemistry between Farrell and Gleeson and the way Fiennes steals every scene he's in made this film an even better experience.

While its dark humour may not be for everyone, if this is no obstacle for the viewer, then he or she will be rewarded with one of the funniest and most thought-provoking films of this century.

Diogo Campos CAE



The spiciest chips ever!

The spiciest chips ever are "Takis Fuego"! I promise that trying them is only for the brave!

They are quite tasty. They have a light lemon taste and an extremely intense spicy flavour. In my opinion, "Takis Fuego" are the best because I really like spices but I think they could have a slightly more pleasant and more flavourful taste to replace the lemon. On the contrary, I think the spice is just perfect.

I gave these chips to a lot of people and they all ended up crying! I recommend that if you want to try these chips, put lots of bottles of water next to you because you will definitely need them!

Pedro Costa, A2+



WHAT IF YOU
ONLY
ATE
CHIPS?

La La Land

A week ago, I saw a film that I wasn't expecting to like, but ended up loving it. It was "La La Land". I initially thought it would be just another musical, but I was so wrong!

The reality of this movie exceeded my expectations in every way. The

performances by Ryan Gosling and Emma Stone were amazing, and the chemistry between them was perfect. The music and choreography were beautifully done, and the cinematography was stunning. There are many romantic moments obviously and some other scenes that I considered nail-biting, too.

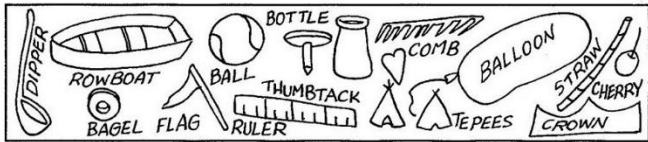
It, also, brought a fresh and modern take on the classic musical genre, which made the soundtrack excellent by being so different. However, I believe that what really amazed me was definitely the elements and the details of the whole storyline that brought the movie to life!

Finally, I would recommend "La La Land" to anyone who appreciates a captivating story, beautiful music, and incredible visuals. It's a film that will make you laugh, cry, and leave you thinking and feeling inspired. Even if you're not a fan of musicals, give it a chance, because it's really worth it!

Ana Sofia CAE

Puzzle Corner

Help the koala find the objects hidden in the picture.



- Candle Light
- Cards
- Chocolate
- Cupid
- Date
- Dinner
- First Kiss
- Memories
- Movie
- Pink
- Poem
- Proposal
- Red
- Romance
- Roses
- St. Valentine
- Sweetarts
- Teddy Bear
- True Love

Happy Valentine's Day

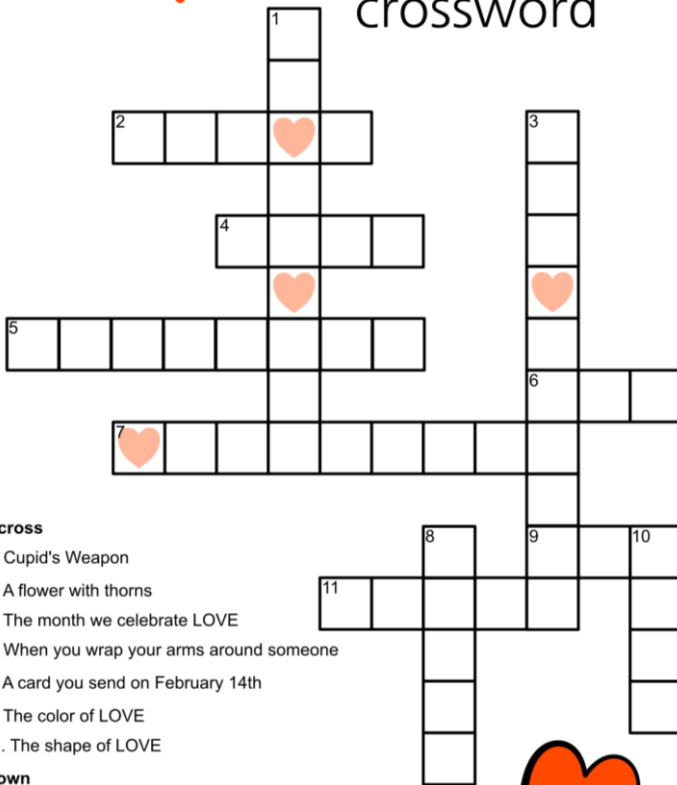
B Q Q J D F I R S T K I S S N T I U K O
 O C Q E Z Y D P K K G E Y O D H J Q K A
 X Z T S H E J F P I U I W C U G R J T U
 I A C R L H V W L V B U G K E I O C C Q
 D V V J U P O R D V L V C I I L M N D F
 Q I L H G E A Q B A P O V I Z E A M V Z
 I K N I P I L A S O P O R P S L N E G X
 O K O N P M P O E O M P Z T Q D C H M H
 K H J X E W R M V O S Z V L P N E F A F
 Y P I S M R A L P E P A G S W A U G D E
 P N K D Z K A K S D L T O T X C H W W L
 E T U R D P E O O E S W Z R P B W M O P
 S E L A A Y R Z N U M I L A E D E R Z Y
 S D E C R L M T E N E P X T S W X Y H L
 B D G C O S I M Y A M Z G E N O L I J X
 F Y G R N N D D X M O L T E C K L M Y N
 P B W Q E Y T S A Z R U O W D D J V Z P
 D E H K Q K U D V T I G E S N C G Q C C
 B A C H O C O L A T E B Q D I P U C T O
 J R V D C F X T N E S Y R J J I Z T A F



hicken Scratch NY

St. Valentine's Day

CROSSWORD



Across

2. Cupid's Weapon
4. A flower with thorns
5. The month we celebrate LOVE
6. When you wrap your arms around someone
7. A card you send on February 14th
9. The color of LOVE
11. The shape of LOVE

Down

1. A Sweet Treat
3. His honey, baby, _____
8. Full of Joy
10. When two people go out



Help the groundhog find its way through the maze.

