

NOVEMBER

2 nd	Kiko	Aa1	ST
2 nd	José	A ch	ST
3 rd	Francisco	Beg ch	ST
4 th	Ruslana	B ch	T
4 th	Eduarda	C adults	ST
6 th	Miguel	Aa1	ST
6 th	Inês	CAE	ST
7 th	Joana	B ch	ST
8 th	Rafael	Aa	T
8 th	Rodrigo	B ch	ST
8 th	Rita	Beg adults	T
8 th	Francisco	B teens	ST
14 th	Carolina	Aa2	ST
15 th	Lara	C teens	ST
17 th	Tiago	B ch	T
19 th	Rodrigo	B ch	T
19 th	Murilo	B teens	ST
20 th	Nuno	Aa	T
20 th	Santiago	B ch	T
20 th	José	Beg adults	ST
20 th	Carla	FCE	T
20 th	Matilde	FCE	T
23 rd	Sergio	B adults	ST
25 th	João	Beg ch	ST
25 th	Catarina	B ch	T
26 th	Maria	B ch	T
30 th	Rodrigo	Aa	ST
30 th	Edgar	Beg ch	ST
30 th	Mariana	FCE	T



These Are some photos of our
Halloween parties in St Tirso and
In Trofa. FUN !!!





Thank you, Luisa, for
The delicious and
beautiful cupcakes for
your birthday.

We loved them 😊

Luisa – Beg ch - Trofa



Cool looking cakes for our Halloween party!



Nowadays, we see teenagers using their phones everywhere we go. I totally agree that parents should set limits to spending time online because this has plenty of negative effects.

First of all, technology may distract students and make them forget about their school work. They would probably chat online than study and, as a consequence, get bad marks. Their attention span tends to become shorter because of technology, which makes them pay less attention at school.

I completely support the idea that teenagers must develop human relationships and play with each other outdoors instead of staring at a computer or TV. Teenagers have to learn how to be in a group and how to deal with people. That's really important for their future jobs and for the rest of their lives.

I'm in favour of the idea that teenagers must spend time having fun with their families. This will help them to be more comfortable when talking about their problems.

In conclusion, I think parents should set limits to their teenage children because too much technology is bad for their school life, social life and family life.

(João Couto - D Teens - St Tirso)

I live in Santo Tirso. It's a small town in the north of Portugal, near the coast and the mountains. It's a quiet place, with many green areas and places to do sports.

The food is good, the people are friendly and the weather is nice. Santo Tirso has supermarkets, shops and cafés where you can have a good time.

There is a museum, a beautiful church and a big park named Sara Moreira, where many people do sports and have picnics.

There are good schools in Santo Tirso, swimming pools, tennis courts, football fields, places for running and gyms.

I like sports a lot, so I really like these places.

I like Santo Tirso and I think it's a nice place to live.

(João Miguel - B Teens - St Tirso)

Dear Mrs Faifax,

Thank you very much for your email. The project that you propose sounds very interesting.

Regarding your first question, I often spend my time with my friends, mostly at school, and with my parents at home and on weekends. I also belong to a dance group that I meet every day after school.

I like spending time with all of them, but I love my dance group. They are like a second family to me and I have a lot of fun with them. I sometimes have complicated and tiring days and at the end of the day, when I go to class, I feel more relaxed and happy.

To present this project, I would prefer to write an article in the school blog. In this way, everybody can see my project when and where they want to. I look forward to starting this project.

Best regards,

(Carolina Sousa - C Adults - St Tirso)

Hi! My name is Diogo and I'm 14 years old. I live in Trofa with my parents, my sister and my grandmother and my dog of course.

My city is very cool. You can ride a bike, play basketball, play football and many other things. In Trofa there is everything! There is a band called the Trofa music band, and it is a very cool band because I play instrument there!

But otherwise, there are gyms, swimming pools, playgrounds and many cafés and bars. There is also a bike lane and skate park.

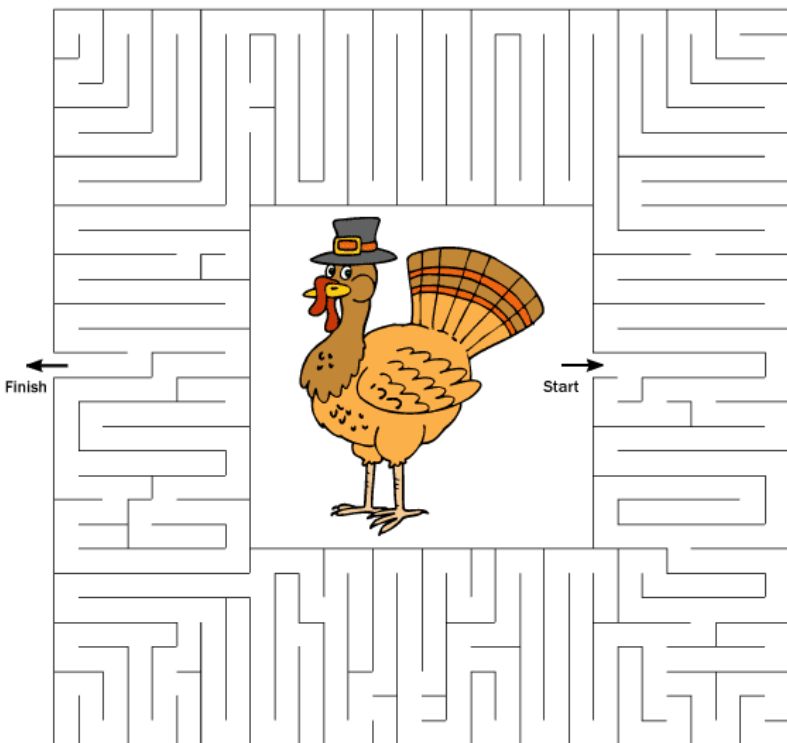
Trofa is one of the main cities of northern Portugal because there are many metallurgical factories, and don't forget about the various parties that exist, which is what brings the importance of the music of region...

Trofa is a land full of cultures, and I recommend to visit it.

(Diogo Reis – B teens – Trofa)

Puzzle Corner

NOVEMBER



AUTUMN WORDSEARCH

N	F	J	W	L	V	W	N	T	H	P	Z	P	F	L	D	A
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V	X	T	U	Q	K	W	E	Y	Z	A	L	G	P	A	A	N
E	Y	L	W	P	V	V	S	D	G	A	T	O	K	B	Y	E
M	L	I	M	V	A	P	R	Q	P	C	M	L	B	T	R	E
B	C	U	J	E	L	A	J	N	O	K	H	L	E	O	I	W
E	P	Q	L	B	K	C	U	N	Y	K	N	J	W	O	D	O
R	X	C	H	E	S	T	N	U	T	S	I	R	B	F	E	L
O	Z	B	P	H	S	Y	L	L	I	H	C	S	O	Z	X	L
M	G	N	I	V	I	G	S	K	N	A	H	T	C	C	J	A
A	O	C	T	O	B	E	R	A	U	E	L	A	B	Y	A	H
I	H	U	O	A	T	W	O	R	C	E	R	A	C	S	M	A
Z	R	K	P	P	U	K	S	G	L	I	Q	Z	L	X	C	R
E	P	P	N	H	E	T	O	Y	Q	B	R	E	G	I	Q	V
Q	L	N	F	X	X	U	U	F	H	K	E	L	D	N	P	E
E	V	Y	B	Z	R	E	B	M	E	T	P	E	S	G	L	S
Z	T	C	B	D	Y	I	E	E	N	O	R	B	C	U	K	T

ACORN
APPLE
AUTUMN
CHESTNUTS
CHILLY
CIDER
COBWEB
FALL
FOOTBALL
GOURD

HALLOWEEN
HARVEST
HAY BALE
HAYRIDE
LEAVES
MAIZE
NOVEMBER
NUTS
OCTOBER
PUMPKIN

QUILT
RAKE
SCARECROW
SEPTEMBER
SLEET
THANKSGIVING



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