

HAPPY BIRTHDAY

May

1 st	Teacher Michelle		
3 rd	Barbara	FCE	ST
3 rd	Joana	B teens	ST
3 rd	M ^a Leonor	B teens	ST
3 rd	Margarida	B teens	ST
3 rd	Mariana	C teens	RA
5 th	Manuel	B ch	ST
5 th	João A	D teens	ST
5 th	Vicente	B teens	ST
6 th	Mariana	B teens	ST
6 th	Ana Rute	A ch	RA
6 th	Ricardo	A ch	T
8 th	Duarte	FCE	ST
9 th	José	D teens	RA
10 th	Teresa	Beg adults	T
10 th	João P	D teens	ST
10 th	Margarida	D teens	ST
10 th	Inês	B teens	ST
10 th	Inês	B teens	T
11 th	Inês	A adults	T
11 th	Sergio	B adults	ST
11 th	Gonçalo	C teens	RA
12 th	Diana	Beg ch	ST
13 th	Ruben	B adults	T
14 th	Inês	A ch	RA
15 th	Inês	A ch	ST
16 th	M ^a João	C teens	ST
16 th	Barbara	FCE	ST
16 th	Afonso	B ch	RA
20 th	Sergio	A adults	ST
21 st	João	Beg ch	ST
21 st	Diana	A ch	T
22 nd	Francisca	FCE	ST
23 rd	Luis	B adults	ST
24 th	Gonçalo C	C teens	RA
25 th	Diogo	Aa2	ST
26 th	Rui	B teens	ST
27 th	Rafael	Beg ch	ST
29 th	Francisco	A ch	ST
29 th	Ruben	D teens	T
30 th	Rafael	B ch	ST
30 th	Pedro	Beg ch	RA
30 th	Gabriela	D adults	T
31 st	Zé Pedro	Beg ch	RA
31 st	Beatriz	FCE	T

Sorry APRIL ☺

20th Inês Aa1 ST
(RA) Riba D'Ave – (ST) St Tirso – (T) Trofa

Have you heard about our Intensive courses in July? If you would like to attend one, or know someone who would, please ask for more information at the office.

Cursos Intensivos de Verão



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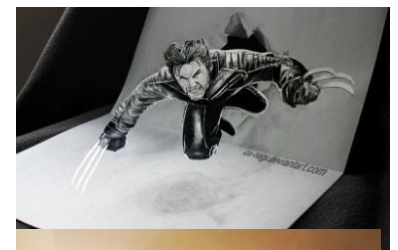


Curso intensivo de

INGLÊS - ENFERMAGEM

talk to the world

Are you good at art or drawing? Look at these amazing 3D drawings.



Student's Work

Some people claim that museums with very few visitors should close. I would like to argue that we must keep the cultural heritage of our country, which is in the museums.

Firstly, I think that even if the museums have few visitors, they should remain open because their collection is probably very important. In my opinion, nowadays, for example, contemporary art cannot have many supporters, but later it could have great value in the country's heritage.

Secondly, we should also bear in mind that the government uses a lot of money to keep a museum open. However, in my view, the museums preserve the paintings and the sculptures and it is very important to show these works of art to the people, even if they are few. So, we should all contribute to the government funds.

Finally, in my opinion, the museums show the story of the past, which is very important for the children's culture. If we close the museums that have few visitors, we will not have knowledge about our heritage and our country.

To sum up, in my view, we should all contribute to keep the cultural heritage of our country keeping the museums open.

(Ana Margarida - D teens - St Tirso)

Hotels in Trofa

In my town, there are different types of hotels that cater for different guests. If you are looking for a quiet and peaceful stay you might enjoy the "Trofa Spa Hotel". However, if you are hoping to stay with a group of friends to go partying, then the "Youth Hotel" might be a more suitable option.

The "Trofa Spa Hotel" is located near the historical centre of the city. It has a very rich architecture that has been preserved since the nineteenth century. The rooms are spacious and airy with a modern yet comfortable design. In addition, this hotel provides facilities as a spa and indoor swimming pool which help make your stay not only pleasurable but also relaxing.

Even though the prices are quite expensive for tourists on a tight budget, overall, I believe the hotel is able to provide a very enjoyable experience.

The "Youth Hotel", as its name suggests, usually caters for guests who are teenagers or young adults. The prices are quite accessible for those who are short on money. The rooms are clean with a simple design which gives it a very comfortable and cosy feel. It possesses facilities such as a bar and a disco which is useful if you want to party and dance. Located in the downtown area, you are able to find bars, clubs and different types of shops and restaurants in the surrounding area.

For all the reason stated above, I believe the "Trofa Spa Hotel" would better suit guests who prefer a more quiet and relaxing environment, whereas the "Youth Hotel" would better cater for youngsters who are more keen on partying and clubbing.

(Filipa Domingues – C.A.E – Trofa)

Private or Public Education

Some people claim than an education in a private school is better than a public one. I would like to argue that I do not share this opinion.

Yesterday, when I was in an appointment with parents they asked my opinion about this subject.

The evidence shows that students have better results at exams in a private school, but they are not well prepared to face the university. The studies show that they have poor grades at the university comparing to students coming from public schools.

We should also bear in mind that students in a private school have more support from the teachers to get good marks, but when they do not have that help and have to be independent they fail, because they did not learn and did not develop skills to face the problems.

As a result we always have a huge number of students from private schools giving up university because they cannot stand the pressure.

In conclusion, we can find advantages and disadvantages in both schools, but I still believe in our public school, because we have good teachers and the students are taught to develop problem-solving skills.

(Gabriela Pelicano – D adults – Trofa)

Hello!!! I'm Afonso. Today I will talk about my favourite programme.

My favourite programme is "WWE experience." I like this because it's very fun. I can speak of WWE for you:

At the moment Roman Reigns is the champion, his nickname is the "Bog Dog" because he is very big and strong. He won the title in the biggest event of WWE. Roman Reigns is my favourite player.

My second favourite is Dean Ambrose. He's Roman Reign's brother. Dean is crazy and he is never scared. His first rival is Brock Lesnar. I don't like Brock Lesnar, because he isn't strong, but he's very tall.

Goodbye!!!
(Afonso Silva – A ch – Trofa)

Although we try to be green, it is not completely possible if we keep on polluting the atmosphere, the Earth is not only ours but it also belongs to animals and plants. So, if we want to protect our home we need to become more eco-friendly.

On the one hand it is possible to be green in today's modern world if we try. We could try to reduce the waste of water by spending less time in the shower. We could also try to use other forms of using electricity by using wind power instead of nuclear power.

But on the other hand, nowadays technology is used by most people and chargeable items like tablets and mobile phones use a lot of energy and also leaving our TV on stand-by wastes a lot of energy. Then, plastic bags, which take hundreds of years to degrade, pollute the environment, so we should not use them.

In conclusion, I think that it is somehow possible to be green in today's modern world if we try and do our best for it.

(Mafalda Ferreira – C teens – Trofa)

English and I

Hello! My name is Francisca and now English is quite easy and natural for me but at the beginning it was a real struggle.

My journey began at elementary school but it was really simple things like colours and numbers which made everything really boring and above all that I hated my teacher because she barely knew English and made everything even harder.

Then in 5th grade, when I was terrified of having "real" English, my mum decided to put me on Institute and it all became easier. Since the beginning I went really well and all of the environmental excited me.

I also started doing other things in English like movies, series, books and music and that was essential for my vocabulary, believe it or not.

Other really useful thing was deciding in what type of English I was interested and I immediately decided American English because I can't stand the British pronunciation.

Now four years later I love English and I know that it will help me through the rest of my life.

(Francisca Seabra – B teens – St Tirso)

Dear Samantha,

How are you?

I'm fine. In relation to your bad marks, I have some advice to help recover them:

- Put on a schedule the date of the tests.
- Take note, but always with attention in class.
- Study not only before the test.
- Take doubts with the teacher.
- Study during breaks.
- Don't study late but wake up early to study and revise with a cool head,
- Don't study in places with a lot of noise.

I hope this advice will help you to recover the notes.

Best wishes

Liliana

(Liliana Campos – B ch – Trofa)

To: Teacher Paula

From: João Silva

Subject: Sports facilities in the area

Introduction

As requested, I have done some research about sports facilities in the area. There is a swimming pool, a gym and a park. This is not bad for a small city like Trofa.

Aquaplace

Aquaplace is a modern complex of swimming pools and there is also a gym. They have very good facilities for people who want to be fit. The prices are not high.

Nossa Senhora das Dores Park

This park is open for everyone. It's very nice for people who don't want to spend money in gyms. People can go for a walk or play basketball on the courts. There is also some gym facilities that allow people to get in shape.

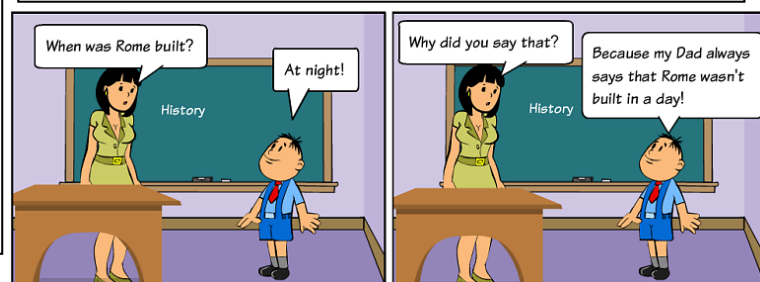
BeFitness Trofa

This gym is very popular in Trofa. It has modern gym facilities and there are also classes with personal trainers to help people getting in shape and recommend a healthy nutrition.

Conclusion

In conclusion, there is no doubt that Trofa has good sports facilities, but the city can improve and provide its citizens more and better installations, because doing exercise is very important. I would like to recommend making a path just for cyclists and more places that allow people to play sports for free.

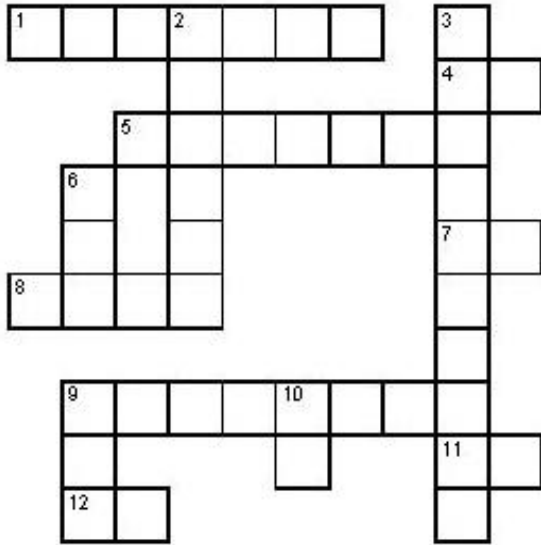
(João Silva – D adults – Trofa)





Puzzle Page

Can you complete this crossword about PLACES in a town?

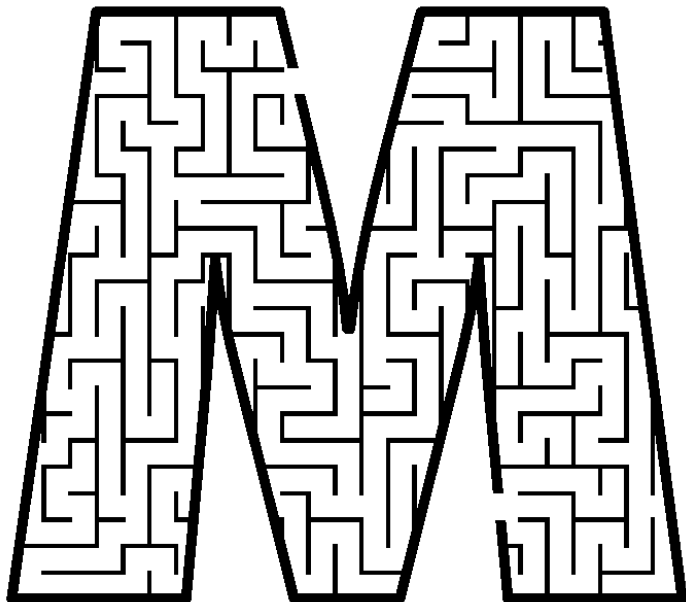


Across

- 1. You go there to catch a bus.
- 4. I am __ the beach.
- 5. You go there to watch movies.
- 7. My book is __ my bag.
- 8. You go there to swim
- 9. You go there when you are sick.
- 11. I go to piano class __ Friday.
- 12. I am going __ buy a computer.

Down

- 2. You go there to study.
- 3. You park your car there.
- 6. You go there to see monkeys and snakes.
- 9. Not cold.
- 10. He __ eating pizza.



Mother's Day WORD SEARCH

N D L I M J Y D N A C
 M E O A O M V N C Z E
 J M V X T R E W U S G
 V O E C H I L D R E N
 Y H A F E K E S R L U
 D X Y L R G S Q T I R
 B V A O S G E V U M O
 F R M W D Z S P H S A
 Q W W E A Q S I U T Q
 S F R R Y B I S G T G
 O S A S C X K U S D B

- | | |
|----------|-------------|
| CANDY | KISSES |
| CHILDREN | LOVE |
| FLOWERS | MAY |
| HOME | MOTHERS DAY |
| HUGS | SMILES |



Can you figure out what these expressions are?

